

# NITK Surathkal launches first trek

EXPRESS NEWS SERVICE

@Mangaluru

THE National Institute of Technology Karnataka (NITK), Surathkal, conducted its first outdoor trek under the NITK Academy for Defence, Adventure and Leadership (NADAL) Minor Degree Programme “Resilient Leadership,” on March 28. A total of 36 students participated in the trek at Mudigere, marking the commencement of outdoor training activities within the programme. The trek integrated physical endurance, teamwork, and environmental awareness, reflecting the core objectives of NADAL. Sharing her experience, Kruthika C. S, a participating student, remarked: “The trek was both challenging and enriching, offering opportunities to learn about the natural environment and to reflect on the experience as a whole.”

The NITK Academy for De-



fence, Adventure and Leadership (NADAL) was established to nurture physically robust, mentally resilient, and ethically grounded individuals trained in defence preparedness, adventure education, and leadership. Its mission is to deliver holistic and experiential education that instills discipline, courage, teamwork, and a spirit of service.

The minor degree programme “Resilient Leadership” is offered to B.Tech students and comprises five courses covering defence awareness, survival skills, strategic leadership, adventure sports, and armed forces leadership.

Each course combines classroom instruction with practical sessions such as trekking, mountaineering, water sports, survival drills, and leadership bootcamps. With up to 60 students per batch, including reserved seats for girls, the programme ensures inclusive participation and exposure to defence experts, sports professionals, and industry leaders. The trek at Mudigere marks the beginning of experiential learning activities designed to prepare students to meet national, social, and environmental challenges with resilience and integrity, said a release.